No single Foundational Core course may meet two separate Foundational Core requirements (except CC and SP or as approved by the School CMC and University APC).

**Proficiencies**

- **Mathematics**
- **Reading**

**Spiritual Foundation**

- JAS 110  Foundations of the Christian Liberal Arts
- BIB 131  Biblical Literature I
- BIB 210  Biblical Literature II
- REL 313  Historic Christian Belief
- PHI 413  Contemporary Christian Belief
- JAS 495  Senior Seminar

**Stewardship of the Body**

- KIN 100  Fitness for Life

*In addition, select one course from the following to fulfill at least 3 credits total:
- EXS 280  Exercise Techniques for Physical Fitness
- KIN 200  General Physical Education
- KIN 250  Elementary School Health and Physical Activity
- KIN 300  Basic Swimming Skills
- KIN 302  Lifeguard Training
- KIN 333  Water Safety Instructor
- KIN 334  Lifeguard Training Instructor

Note: Pre-Med, Public Health, and Exercise Science students should contact advisor for alternatives.

**Fine Arts**

Select one of the following:

- **HUM 120/220**  Survey of 20th Century Music and Art
- **HUM 230**  Art as Experience
- **HUM 330**  Arts and Ideas

Note: Art and Music majors/minors should refer to curriculum requirements for alternatives.

**Speaking**

Select one of the following:

- **CAS 110**  Public Speaking
- **CAS 120**  Interpersonal Communication
- **MUS**  Music Ensemble or Lesson (private or class)

**Writing**

- **ENG 110**  College Composition

**History**

Select one of the following (3-5 credit hours):

- **HIS**
- **HPS**

*HIS 130, 220, 340, 350, 450, 460, 490 will not meet foundational core requirements.

**Computation**

Select one of the following:

- **COS 104**  Computing and Culture - Applications and Context
- **COS 105**  Ethics, Computing, and Society
- **COS 120**  Introduction to Computational Problem Solving
- **COS 130**  Computational Problem Solving for Engineers
- **EDU 242**  Educational Technology in Elementary Education
- **MAT 285**  Technology for Mathematics Education
- **SYS 120**  Introduction to Problem Solving

*Course only available to transfer students with an approved computer competency transfer course.

**Mathematics**

Select one of the following:

- **MAT 110**  Finite Mathematics
- **MAT 120**  Investigations in Mathematics
- **MAT 140**  Fundamental Calculus for Applications
- **MAT 145**  Introduction to Functions and Calculus
- **MAT 151**  Calculus I
- **MAT 180**  Problem Solving
- **MAT 210**  Introductory Statistics
- **MAT 220**  Ways of Knowing
- **MAT 301-302**  Number Concepts for Elementary Teachers and Geometry and Measurement for Elementary Teachers
- **SOC 355**  Applied Social Statistics

*Student must complete both MAT 301 and 302 to meet mathematics requirement.

**Literature**

Select one of the following:

- **ENG 230**  World Literature
- **ENG 240**  American Literature
- **ENG 250**  British Literature
- **THR 112**  Performing Literature

**Science**

Select two lab science courses totaling at least 7 credit hours from two different groups:

(1) **Life Science**

- BIO 100  General Biology
- BIO 102  Biology for Educators
- BIO 104  Animal Biology
- BIO 106  Human Biology
- BIO 201  Biology I: Foundations of Cell Biology and Genetics
- BIO 310  Human Anatomy and Physiology I
- CHE 120  Forensic Science
- SUS 200  Environment and Society
- SUS 231  Introduction to Environmental Science

(2) **Physical Science**

- CHE 100  Chemistry for Living
- CHE 120  Forensic Science
- CHE 201  General, Organic, and Biochemistry I
- CHE 211  College Chemistry I
- PHY 120  Renewable Energy Principles
- PHY 203  General Physics I
- PHY 211  University Physics I

(3) **Earth Science**

- ENV 345  Fundamentals of Space Systems
- ENG 241  Physical Geology
- ENG 242  Geology of Indiana
- GEO 210  Physical Geography
- GEO 231  Introduction to Geology
- PHY 201  1 3-4 Introductory Astronomy

(4) **Life, Physical, or Earth Science**

- NAS 201  Nature of Science

*Based upon course section selected, CHE 120 will meet either a life or physical science requirement.

**Social Science**

Select two courses from two different departments (*reflects department offering).

At least one selection must be a civic engagement course.

(1) **Civic Engagement**

- ANT 200  Cultural Anthropology
- ANT 280  Anthropology of Study Abroad, Short-term Mission, and Tourism
- ECO 201  Principles of Microeconomics
- ECO 202  Principles of Macroeconomics
- EDU 384  Perspectives of Diversity
- EXS 346  Community Health Education
- FIN 194  Personal Finance
- GEO 230  Political Geography
- OVC 110  Introduction to Working with Orphans and Vulnerable Children
- PPH 100  Introduction to Public Health
- PPH 110  Global Health
- POS 100  American Politics
- POS 110  World Politics
- POS 213  International Political Economy
- POS 331  Public Policy
- SOC 100  Introduction to Sociology
- SOC 110  Introduction to Global Societies
- SOC 210  Contemporary Social Issues
- SOC 220  Ethnic and Minority Issues
- SOC 315  Social Inequality and Stratification
- SOC 410  Community and Urban Affairs
- SWK 200  Explorations in Social Work
- SWK 320  Unleashing the Oppressed

(2) **General Social Science**

- GEO 220  Regional Geography
- HIS 211/311  History and Geography of Latin America
- HIS 212/312  History and Geography of East Asia
- HIS 213/313  History and Geography of Africa
- HIS 215/315  History and Geography of South Asia
- HIS/POS 321  Modern Middle East
- POS 222  Comparative Politics
- POS 312  Political Behavior
- PSY 100  Introduction to Psychology
- PSY 240  Child Psychology
- PSY 250  Life Span Development
- PSY 340  Adolescent Psychology
- PSY 350  Child and Adolescent Psychology
- SOC 310  Religion and Society
- SOC 330  Social Change and Social Movements
- SOC 361  History of Social Thought
- SOC 381  Marriage and Family Systems
- SYS 330  Human Relations in Organizations

**Integrated Requirements**

Selected courses are designed and attributed to meet these requirements.

- Complete one designated cross-cultural (CC) course
- Complete two speaking (SP) courses

Note: Students completing both CAS 110 and CAS 120, must only complete one additional (SP) course.

Updated May 31, 2019